



Sunday School Ideas!

September 2006

Recipes for Success

Looking for that long lost list of cool recipes? They're here by request, just in time to start a new quarter.

What is your recipe for success in Sunday school? Care to share it with us? We love to hear from you!

Write to Ann Frake, frakefam@bright.net, and include some jpeg photos of yourself and class.



Recipe for Clean Up Time

Do you find yourself spending precious after-Sunday school time each day picking up crumpled papers, collecting forgotten art materials, storing classroom supplies, or putting toys away? Have you tried classroom clean-up time and decided it wasn't worth the chaos or the loss of learning time? Maybe all you really need to turn class cleanup into a fun and productive activity is a little help from some creativity colleagues. The following teacher-suggested clean-up activities should get you started!

- Before beginning cleanup, look around the room and pick out an item that needs to be put away. Announce to students that you have chosen a mystery item and that whoever puts it away will win a piece of candy.
- Select a class clean-up song. When they hear that song playing, students know it's time to start cleanup. When the music ends, they return to their seats immediately. I like the Doughnut Man CDs for this.

- Sing your own clean-up song. Some teacher-suggested songs include: "Everybody pick up toys, pick up toys, pick up toys. Everybody pick up toys, in our Sunday school room" (to the tune of "London Bridge Is Falling Down"). "If your name is Henry, please pick up. If your name is Ricardo, please pick up" (to the tune of "If You're Happy and You Know It").



Play Doughy

2 cups flour
1 cup salt
4 teaspoons cream of tartar
2 cups water
2 tablespoons salad oil
Food coloring

Cook over medium heat until soft, lumpy ball forms. It happens quickly! Knead for a few minutes until dough is smooth. Store in airtight container. Dough can be frozen and refrozen several times.

Goop

2 cups salt
2/3 cup water
1 cup cornstarch
1/2 cup cold water

Mix 2 cups salt and 2/3 cup water. Heat for 3-4 minutes. Remove from heat and quickly add mixture of 1 cup cornstarch and 1/2 cup cold water. Stir quickly. Return to heat briefly if too "goopy."



Macaroni Coloring

Macaroni
Food coloring
Small zipper baggies

This is an easy method of coloring macaroni. In a small baggie add two handfuls of macaroni and food coloring. Seal the baggie and let a child shake the baggie until the macaroni is colored. Lay out on paper towels to dry. Play lively music during the baggie shaking part.

Peanut Butter Play Dough

1 cup peanut butter
1 cup honey
1 cup powdered milk
1 cup oatmeal

Make something beautiful and then eat it!

Rainbow Stew (non-messy finger paint)

1/3 cup sugar
1 cup cornstarch
4 cups water
Food coloring
Zipper baggies

Mix together the sugar, cornstarch, and water. Heat, stirring often until thick. Let cool then divide and put in zipper bag. Seal the baggie and have fun!



Puffy Paint

Shaving cream (amount depends on the size of the group)
Food coloring or paint (amount depends on the various colors wanted)
Bowls
Elmer's glue
Paintbrushes, sponges or anything children can use to paint

Mix an equal amount of shaving cream and glue. Add a few drops of food coloring or paint to mixture (Drops depend on shade of color). Mix together with spoon. Dip in and paint.



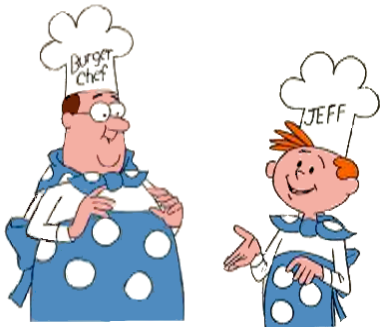
Colorful Scrap Crayons

You need a variety of crayons broken up into small pieces and cupcake baking cups. Place cupcake cups in a cupcake pan. Place broken up crayons in each cupcake cup. Bake in a 350 degree oven until partially melted. Let cool completely before removing from pan.

Bubbles

- 1 cup of water
- 2 Tbls. Dawn detergent
- 1Tbls. glycerin (available over the counter at a pharmacy)

Mix together slowly, stirring carefully so that you don't create froth on the liquid.



Cooked Fingerprint

- 1/2 cup cornstarch
- 1 quart boiling water
- 1/2 cup talc
- 1/2 cup soap flakes
- Dry tempera

Moisten starch with cold water. Add boiling water and cook, stirring constantly. Remove from heat and stir vigorously. Add talc and flakes. Beat with eggbeater. Cool. Add tempera for color.

Liquid Starch Paint

Put one or two tablespoons of liquid starch on paper. Add a spoonful of dry tempera and mix.

Soap Flakes Fingerpaint

1 cup soap flakes**

1/2 cup water

Dry tempera or food coloring

Whip flakes and water until thick and smooth. Stir in color if desired. Use a blob on slick-finished paper.

**Many craft recipes call for Ivory Soap Flakes. Unfortunately, the company stopped making this product in 1993. Soap, in general, helps keep paint from staining hands, clothes, and other surfaces. Soap also helps paint made with gritty, powdered tempera go on paper more smoothly. Those testing and developing the recipes found that flakes were preferable to liquid soap because it kept the paints from becoming too runny. In addition, some recipes need the "fluffy" consistency of the flakes versus powdered soaps like Dreft.



You can make your own soap flakes by using any pure vegetable soap and grating it with a cheese grater or food processor. Ivory soap is about the cheapest pure soap.

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